

UNIVERSITY OF MARY HARDIN-BAYLOR BACHELOR OF SCIENCE

STUDENT NAME_	ID #	
EMAIL	PHONE #	

EXE	RCISE SCIENCE		
124 MINIMUM HOURS 36 UPPER LEVEL HOURS 31 HOURS AT UMHB	CHRISTIAN STUDIES - 6 HOURS CSBS 1311 Old Testament CSBS 1312 New Testament	MAJOR 12 HOURS (6 UPPER LEVEL) AT UMHB 12 HOURS MINIMUM UPPER LEVEL	ELECTIVES - AS NEEDED TO COMPLETE 124 HRS Upper Level Courses Recommended
ENGLISH - 12 HOURS	SOCIAL SCIENCE - 6 HOURS	EXERCISE SCIENCE 39 HOURS	
ENGL 1321 Comp I ENGL 1322 Comp II ENGL Literature	TWO DIFFERENT DISCIPLINES OUTSIDE OF THE MAJOR	EXSS 2135 Adv Resistance Training EXSS 2340 Intro to EXSS EXSS 2352 Personal Health & Fitness	
ENGL Literature LABORATORY SCIENCE	WORLD IDEAS OR PHILOSOPHY OR NON-US HISTORY - 3 HOURS	EXSS 3107 Adv Cardio Training EXSS 3141 EXSS Practicum EXSS 3354 Sport Nutrition	
12 HOURS TWO DIFFERENT DISCIPLINES		EXSS 3379 EXSS Psychology EXSS 3390 Kinesiology	
BIOL 2440* A & P I BIOL 2441* A & P II	CONTEMPORARY WORLD ISSUES OR SOCIAL SCIENCE - 3 HOURS	EXSS 3395 Physiology of Exercise EXSS 3396 Physiology of Exercise II EXSS 4344 Admin of EXSS	
*Requires a grade of C or higher for major QUANTITATIVE REASONING - 3 HOURS MATH 1304 Quant Reasoning or higher	PUBLIC SPEAKING 3 HOURS	EXSS 4350 Principles & Techniques EXSS 4392 Tests & Measurements EXSS 4394 Exercise Testing& Prescrip	
SCI INQUIRY OR NATURAL SCI - 3 HOURS	COMM 1320 Public Speaking ACTIVITY PE - 2 COURSES	EXSS 4398 Internship in EXSS Grades of "C" or better required in all courses in the Exercise Science major.	
FINE ARTS - 3 HOURS	Fulfilled by Major Fulfilled by Major	FINE ARTS EXPERIENCE 1 TO 8 CREDITS	
FRESHMAN SEMINAR - 1 HOUR	Date of Entry	UMHB 1005 UMHB 1005	
UMHB 1101	Expected Graduation Date	UMHB 1005 UMHB 1005	
CHAPEL - 1 TO 4 CREDITS UMHB 1002 UMHB 1002	PREVIOUS COLLEGES / UNIVERSITIES ATTENDED: (1) (2)	UMHB 1005 UMHB 1005 UMHB 1005	
UMHB 1002 UMHB 1002	(3)	UMHB 1005	

ADVISOR (Major)/Date